

nutrition UP 65



Nutrition UP 65 Conference Programme

Fundação Eng. António de Almeida

28-09-2016

Porto



Financiado pela Islândia,
Liechtenstein e Noruega

U.PORTO



FACULDADE DE CIÉNCIAS DA NUTRIÇÃO E ALIMENTAÇÃO
UNIVERSIDADE DO PORTO

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Programme

08:30 Registration

09:00 Opening session

Pedro Moreira and Teresa Amaral, FCNAUP;
Representative ACSS/EEA Grants;
Representative Norwegian Embassy

09:30 The Nutrition UP 65 Project

Nuno Borges, FCNAUP

Vitamin D

09:50 Vitamin D insufficiency and deficiency in older adults

Paul Lips, VUmc, Amsterdam

10:30 Nutrition UP 65 results: Vitamin D status
Alejandro Santos, FCNAUP

11:00 Coffee-break

Hydration status

11:30 Dehydration in older adults

Lee Hooper, Norwich Medical School

12:10 Nutrition UP 65 results: hydration
Patrícia Padrão, FCNAUP

12:40 Lunch interval

Other nutritional status concerns

14:00 Undernutrition, sarcopenia and frailty in older adults

Francesco Landi, Catholic University of the Sacred Heart, Roma

14:40 Nutrition UP 65 results:

Undernutrition, sarcopenia and frailty
Teresa Amaral, FCNAUP

15:10 Nutrition UP 65 results: Obesity

Cláudia Afonso, FCNAUP

15:40 Oral presentations and poster session

16:15 Coffee-Break

Nutritional strategies

16:45 Nutritional strategies for older adults in the framework of Norway public health programmes

Guro Smedshaug, Department of Preventive Health, Norwegian Directorate of Health

17:30 Closing session

The programme might be subject to last minute changes

Guest Speakers



Paul Lips, MD, PhD
Vrije Universiteit Medisch Centrum (VUmc)
Amsterdam, Nederland
Areas of interest: bone health, osteoporosis and vitamin D



Lee Hooper, Nutritionist, PhD, SRD
University of East Anglia, Norwich Medical School
Norwich, United Kingdom
Areas of interest: geriatrics, nutritional biochemistry and hydration status



Francesco Landi, MD, PhD
Università Cattolica del Sacro Cuore,
Facoltà di Medicina e Chirurgia
Roma, Italia
Areas of interest: geriatrics and sarcopenia



Guro Smedshaug, Senior Advisor
Department of Preventive Health, Norwegian Directorate of Health (Helsedirektoratet)
Oslo, Norge
Areas of interest: clinical nutrition, malnutrition, public health, health policy, health guidelines

Promotor
Promoter



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